

BEACH BABYMOON PACKING CHECKLIST

apparel

- MATERNITY SWIMWEAR
- MATERNITY COVERUP
- COMPRESSION SOCKS
- WIDE-BRIMMED HAT
- COMFORTABLE SANDALS
- COMFORTABLE SNEAKERS
- UV-BLOCKING SUNGLASSES

health and wellness

- SUNSCREEN
- BUG SPRAY
- HAND SANITIZER
- PRENATAL VITAMINS
- DOCTOR-APPROVED ANTI-NAUSEA MEDICINE
- REUSABLE WATER BOTTLE

other

- NECK OR BODY PILLOW FOR TRAVELING
- PORTABLE FAN
- DOCTOR'S PERMISSION TO FLY
- INSURANCE DOCUMENTS
- A FAVORITE BOOK
- NOISE CANCELLING HEADPHONES
- TOTE BAG FOR EVERYTHING